

# You're Invited to Attend!

## The Northern Plains Conference on Aging and Disability

Common Threads:  
*Weaving*  
the Fabric of Aging and Disability

September 5-7, 2006  
Holiday Inn, Fargo, ND  
Exit 64 - Off I-29

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CONFERENCE SUPPORTERS

4 Seasons at Moorhead

Metro Area Mayors Committee on People with Disabilities

Trollwood Village

Coalition of Service Providers to the Elderly

The Waterford at Harwood Groves

Eventide Moorhead/West Fargo

Riverview Place

# Schedule of Events

## Tuesday .....September 5th

**6:00pm Evening Kick Off**  
**Tour of Bethany Towers & Kinder House**

### **7:00-8:00pm "Surviving Compassion Fatigue"**

*Presented by: Patrick Arbore*

Content: Each day professional caregivers, family caregivers and friends face enormous emotional challenges and rewards when working with older adults who are living with dementia and other illnesses. The high cost of caring, however, may be experienced by the caregivers as burnout or compassion fatigue. The key task is to recognize when compassion fatigue begins and respond quickly and appropriately.

## Wednesday .....September 6th

**8:00 - 9:00am Registration**

**Coffee & Rolls-Sponsored by Riverview Place, Trollwood Village, The Waterford**

**9:00 - 9:30am Conference Opening, Announcements, National Anthem**

**9:30 - 10:30am Keynote Session**  
**Hot Topics in Nutrition**

*Presented by: Cathy Breedon, Ph.D*

Content: Back by popular demand, Dr. Breedon will address the latest in nutrition related topics, new research of general interest and interpretation of new information.

**10:30 - 11:00am Exhibits Open**

**11:00am - 12:00pm Concurrent Sessions**

### **1 Awakening a New Compassion: Minimizing Pain in People with Dementia**

*Presented by: Lois Miller, Ph.D, R.N.*

Content: People with dementia often have one or more painful medical conditions, yet their ability to communicate their experience of pain to nurses and caregivers can be limited. The pain associated with routine caregiving activities can be minimized by improving the recognition of the response to pain behaviors and expressions. Psychosocial and analgesic mediation approaches are effective tools in minimizing pain in this at-risk population.

### **2 Alcohol & Prescription Drug Abuse in the Older Adult**

*Presented by: Morley Shaw, Ph.D*

Content: Did you know that 1 in 6 older adults has a drinking problem? Did you know that 83% of people over the age of 60 report regularly taking 2 or more medications and that over 50% of those are sedatives and tranquilizers? Addiction experts say that 15% of adults over the age of 65 will develop an alcohol problem when they retire or when a spouse dies. This session will provide an analysis of the uniqueness of substance abuse in the elderly, the means to recognize and assess, and to differentiate between younger and older adults.

### **3 Alzheimer's Disease and Developmental Disabilities - Part I**

*Presented by: Marsha Berry*

Content: Adults with Down Syndrome are at greater risk of developing Alzheimer's disease in later life. This presentation will focus on the impacts of Alzheimer's disease on people with developmental disabilities. The warning signs of Alzheimer's disease, the disease progression and treatments will be discussed. Strategies for supporting individuals with developmental disabilities and dementia will be shared. This session will be continued in Session 7.

### **4 Creating Parkinson's Awareness: An Interdisciplinary Team Approach**

*Presented by: Rose Wichmann, P.T., and Joan Gardner, R.N., B.S.N*

Content: The National Parkinson Foundation estimates that 1 in 100 people over the age of 60, and 2 in 100 over age 70 are diagnosed with Parkinson's Disease. Approximately one million Americans are currently living with Parkinson's Disease, with 50,000 new patients diagnosed each year. That number is expected to rise significantly as our current population ages. Each person with Parkinson's Disease has unique and complex needs, requiring consultation, expertise and support from all health care team members. This session will be presented by members of the multidisciplinary team of Struthers Parkinson's Center, recognized nationally for its comprehensive and holistic approach to Parkinson's care.

**12:00pm Lunch**

A sit down noon meal will be served in the Royal/Embassy rooms and is included in your registration fee.

**12:30-1:15pm Exhibits Open in Harvest Hall**

**1:15 - 2:15pm Concurrent Sessions**

### **5 Recognizing and Responding to Complicated Grief**

*Presented by: Patrick Arbore*

Content: Caring for adults who live with dementia and other debilitating illnesses can be very stressful for family and other caregivers. Death is just one of the many losses that people experience. Little dyings occur throughout the illness, which complicate the grief process. How we imagine grief to be and how it really is may not be congruent. Let's talk about our complicated emotions about difficult losses.

### **6 Assessment of Mental Health Issues in the Older Adult**

*Presented by: Morley Shaw*

Content: It is important to be able to objectively assess a variety of behavioral health issues in the older adult. The Mini-Mental Status Exam (MMSE) is the most widely used cognitive screen available and is used for screening for cognitive impairment in dementia, depression, and substance abuse. The Clinical Dementia Rating Scale (CDRS) is used in mild cognitive impairment and dementia. The Geriatric Depression Scale (GDS) is used to assess the severity of depression and when used in an interview will yield a wealth of clinical information. The Beck Anxiety Scale (BAS) is a commonly used instrument in assessing the severity of symptoms. The Michigan Alcoholism Screening Test – Geriatric Version (MAST-G) assesses the extent of alcohol abuse.

## **7 Alzheimer's Disease and Developmental Disabilities - Part II**

*Presented by: Marsha Berry*

Content: Continued from Session 3.

## **8 Holistic Approach to Health and Wellness - Part I**

*Presented by: Lisha Schultz*

Content: Learn practical and simple rules to reach your highest health potential at any age. Also learn about exciting new research on nutrition and diet recommendations to help you combat "disease". This session will be continued in Session 12.

**2:15 - 2:45pm Exhibits Open**

**2:45 - 3:45pm Concurrent Sessions**

## **9 "The Dementia's"**

*Presented by: Bret Haake, M.D.*

Content: This presentation will describe the diagnosis of dementia; the different kinds of dementia; and their evaluation and treatment. Alzheimer's disease will be highlighted.

## **10 Super Aging for Tomorrow's Seniors**

*Presented by: Morley Shaw*

Content: What do Georgia O'Keefe, Winston Churchill and Jack LaLane have in common? They were/are "Super Agers" who defied the normal aging process and performed at exceptionally high levels as they approached the century mark. There is considerable current research that attests to the role of diet (including supplements), exercise and mental stimulation in aging well. The exciting research being done is away from the treatment of age related cognitive and affective disorders into the areas of delaying and preventing the onset. Once your brain has massive neuronal death, there is no chance of regenerating enough new neurons to replace them. This workshop will focus on what we can proactively do that can improve our chances of being a Super Ager.

## **11 Living Without Limits**

*Presented by: Judy Siegle, M.S.W.*

Content: A lot of factors affect how one copes with a major life change or loss. Challenges and stress can make us bitter or better. Meet Judy Siegle. During the summer after her high school graduation, a car accident, caused by a drunk driver, left her a quadriplegic. Today, she is a two-time Paralympian, holds several national records and was named 2000 Female Athlete of the Year for Wheelchair Sports Track and Field, USA. Beyond being a competitive racer, Judy is a master's trained social worker, downhill skier and active volunteer. Judy's attitude of Living without Limits has helped her to overcome some obstacles that have come her way. It will challenge you to do the same.

## **12 Holistic Approach to Health and Wellness - Part II**

*Presented by: Lisha Schultz*

Content: Continued from Session 8.

**3:45 - 4:15pm Break - Exhibits Open**  
**Refreshments sponsored by Eventide, 4 Seasons at Moorhead, Coalition of Service Providers to the Elderly**

**4:15 - 4:30pm Announcements**

**4:30 - 5:30pm Closing Keynote  
Off the Record**

*Presented by: Terry Dullum*

Content: A live version of Terry's popular "Dullum File" video essays as seen weekly on WDAY-TV in Fargo and WDAZ-TV in Grand Forks. A slightly off-the-wall look at the world through the eyes of one of the region's most popular humorists.

**5:30 - 7:30pm Facility Tours**

*To Register, complete the appropriate information on the registration form. Tours will be limited to 15 persons per facility. Transportation will be provided to the facility of your choice: Riverview Place - Fargo, Trollwood Village - Fargo, The Waterford - Fargo, Eventide - Moorhead, 4 Seasons - Moorhead. Dinner will be provided. You will return to the Holiday Inn about 7:30pm. If you have questions regarding the tours, please contact Bonnie Peters at 701-237-4700.*

**Thursday ..... September 7th**

**8:00 - 9:00am Registration**  
**Breakfast Buffet - Embassy & Royale**

A full breakfast buffet will be served in the Embassy/Royale rooms and is included in your registration fee.

**9:00 - 10:00am Concurrent Sessions**

## **13 A Rose is a Rose, but Dementia is not Dementia**

*Presented by: Morley Shawn, Ph.D*

Content: It is difficult to tell the difference between the different dementias and to distinguish the dementias from other diseases such as Parkinson's Disease and delirium. However, it is critical to be able to do so in order to provide the optimal treatment and management of the patient/resident. The session will review basic areas of the brain responsible for memory and other cognitive functions, mechanisms of memory, differentiation of the different types of dementia: Alzheimer's Disease, Lewy Body, vascular dementia and frontal-temporal dementia, and current research and treatment.

## **14 Estate Planning and Long Term Care Planning Issues**

*Presented by: Susan E. Johnson-Drenth*

Content: In 2006, more than ever before, pro-active thinking and planning is needed to secure your personal and financial independence and future. In the last two years, substantial changes have been made in the laws of living wills, powers of attorney and asset protection in North Dakota and Minnesota. These changes and their impact on you will be discussed.

## 15 **The Changing Face of Long Term Care Options for Persons with Disabilities**

*Panel Discussion: Kristi Crawford, Shelly Peterson, Amy Armstrong, Brian Arett, Marsha Berry.*

Content: The panel will address the following topics: The nursing home role in the future given the average stay is 90 days. The ways nursing homes will need to adapt to accommodate "Baby Boomers". How developmental disability services and long-term care services can collaborate to provide the best possible care for persons with the dual diagnosis of developmental disability and Alzheimer's disease. Ways in which senior services are beginning to adapt to meet the preferences of current and future service users. Trends being recognized in the Real Choice Rebalancing study as they relate to long-term care preferences of persons with disabilities. And finally, how providers can begin working together to meet the emerging changes and demands of consumers.

## 16 **Creating Parkinson's Awareness: An Interdisciplinary Team Approach (Repeat of Session 4)**

*Presented by: Rose Wichmann, P.T. and Joan Gardner, R.N., B.S.N.*

Content: The National Parkinson Foundation estimates that 1 in 100 people over the age of 60 and 2 in 100 over age 70 are diagnosed with Parkinson's Disease (PD). Approximately one million Americans are currently living with Parkinson's disease, with 50,000 new patients diagnosed each year. That number is expected to rise significantly as our current population ages. Each person with Parkinson's disease has unique and complex needs, requiring consultation, expertise and support from all health care team members. This session will be presented by members of the multidisciplinary team of Struthers Parkinson's Center, recognized nationally for its comprehensive and holistic approach to Parkinson's care.

10:00 - 10:30am **Break: Exhibits Open, Refreshments sponsored by AARP of North Dakota**

10:30 - 11:00am **Announcements, Major Door Prize Drawing (Must be present to win)**

11:00am - 12:00pm **Closing Keynote Keep it Happy**

*Presented by: Jerry O'Connor*

Content: Jerry O'Connor's prescription for learning has always included a healthy dose of humor. By blending laughter with a positive message, you get better results. He has a 30-plus-year career as a science teacher, mentor, and active community participant. Through his stories and anecdotes obtained from his many years experience, Jerry will share his prescription for learning with you.



## **Conference Purpose**

*The Northern Plains Conference on Aging and Disability is a preeminent event designed to bring together elders, the general public and professionals who share a common interest in the graying of the Northern Plains. Public and private agencies and organizations of every category are seeing the wisdom of working together in service delivery. The conference focuses on trends, policy, technology and self-determination, and plays an important role in facilitating meaningful dialog between professionals and consumers. Elders and persons with disabilities are playing a growing role in advocating for more responsive methods of service delivery and economic development.*

## **Recommended Audience**

*Older and disabled adults, senior adult advocacy groups, health care professionals, government representatives, long-term care professionals, home and community based service providers, human service workers, college and graduate students in human service fields, and city & county planners.*

## **Who to Call with Questions**

### Registration Information:

Sandy Arends 701-298-4420 or 888-342-4900  
85ares@nd.gov

### Exhibit/Vendor Information:

Gretchen Everson 701-277-9757

### Your registration fee includes:

Kick off event at Bethany Homes  
2-day Conference  
Food & Beverages during Breaks  
Noon lunch on Wednesday  
Breakfast Buffet on Thursday  
Certificate of Attendance  
Optional Facility Dinner Tour

## **Special Accommodations**

*This conference is being held in an accessible facility. Persons needing accommodations, auxiliary aides, or special dietary arrangements should contact Chuck Stebbins at 701-478-0459.*

## **Food & Lodging**

*Your registration fee includes a noon luncheon on Wednesday, breakfast buffet on Thursday, and refreshments during breaks. Each participant is responsible for making his or her own lodging reservations. A block of rooms has been set aside at the Holiday Inn of Fargo. A conference rate of \$89.95 is available for reservations made before August 5, 2006. When making reservations, please indicate you are attending the Northern Plains Conference on Aging & Disability.*

**Holiday Inn 701-282-2700**

**I-29 & 13th Ave S, Fargo, ND 58103**

## **The Conference Planning Committee**

*Russ Sunderland, Chuck Stebbins, Patricia Soli, Bonnie Peters, Donna Olson, Julie Marxen, Sue Humphers-Ginther, Mary Jo Hannasch, Gretchen Everson, Monica Douglas, Pam Cook, Brian Arett, and Sandy Arends.*



# Speakers

**Dr. Patrick Arbore** began his career in the field of aging in 1973. He is the founder and the Director of the Center for Elderly Suicide Prevention and Grief Related Services (CESP), a program of the Institute on Aging in San Francisco. Patrick also serves as the Director of Education and Professional Training at the Institute on Aging. Patrick conducts workshops and presents lectures locally and nationally on aging related subjects. He is the author of numerous articles and book chapters on suicide prevention, bereavement, suffering, etc. He is also a part-time lecturer in the Human Services Division at Notre Dame de Namur University in Belmont, CA. He was the co-recipient of the 2002 Gloria A. Cavanaugh Award for excellence in training and education in aging presented by the American Society on Aging.

**Brian Arett, Director, Fargo Senior Commission** (Panel Participant)

**Amy Armstrong, Project Director, RCR Grant** (Panel Participant)

**Marsha Berry, MA** is the Professional Education Manager for the Minnesota-North Dakota region of the Alzheimer's Association. Marsha has a Master's degree in Education from Eastern Michigan University. She began her career teaching students with special needs in public schools. She then managed professional education programs for the Multiple Sclerosis Society, Minnesota Chapter. Most recently she offered training to master's level consultants in Ceridian's LifeWorks Services employee assistance program. That training focused on family issues including support of older family members and elder care services. In August 2005, Marsha completed the National Alzheimer's Association train the trainer program to offer Foundations of Dementia Care to long term care providers.

**Dr. Cathy Breedon** is the Clinical Nutrition Specialist at Merit Care Medical Center, which serves North Dakota, North/Central Minnesota and parts of South Dakota. She also teaches at the University of North Dakota School of Medicine, Minnesota State University Moorhead, and Concordia College. She annually presents over 30 national and state workshops for health professionals around the United States. Her Ph.D. in Nutrition is from the University of Minnesota and she also holds masters degrees in Nutrition and Psychology. In 1984 she was a Fellow in Perinatal/Pediatric Nutrition at the Indiana University School of Medicine. Dr. Breedon is a Board Certified Pediatric Nutrition specialist and for three years served on the national ADA committees to develop the test items for the Pediatric Nutrition Specialist Qualifying Exam. Dr. Breedon is a Charter Fellow of the American Dietetic Association, and she has held national offices in two ADA Professional Practice Groups.

**Kristi Crawford – Executive Director, First LINK** (Panel Participant)

**Terry Dullum** is a lifelong reporter who has covered more than 3,000 news stories, during his more than 30 years at WDAZ-TV in Grand Forks. While the North Dakota native is an army veteran and past graduate of the University of North Dakota, he can still remember his beginnings in a one-room schoolhouse. Currently, he is the anchor and producer of "WDAZ News at 5" seen each weeknight on Channel 8. His popular commentaries, The Dullum File, showcase Friday evenings on WDAZ and WDAY-TV in Fargo. His award-winning human interest and feature stories have been seen on television stations around the country and on ABC's "World News Now."

**Joan Gardner, R.N.,** is a registered nurse who is viewed as an expert in the clinical management of Parkinson's disease. She is the clinic supervisor and coordinator of the National Parkinson Foundation Center of Excellence at Struthers Parkinson's Center in Minneapolis, providing clinical services, education and support to the entire Upper Midwest area. She and Rose Wichmann recently co-authored a manual on advanced stage Parkinson's disease that will be available for national distribution in 2006.

**Bret Haake, M.D.** evaluates and treats diseases that affect the brain, spinal cord, nerves and muscles. These conditions include stroke, memory problems, seizures, brain tumors, multiple sclerosis, Parkinson's disease, numbness and weakness. He received his medical degree from the University of Minnesota, Minneapolis where he also completed his internship in internal medicine and residency in neurology. Before joining MeritCare in 1995, he was a professor at the University of Minnesota developing programs in stroke. Dr. Haake is board certified by the American Board of Psychiatry and Neurology.

**Susan E. Johnson-Drenth, J.D.,** is a shareholder in the Vogel Law Firm. Sue primarily practices in the areas of estate planning, trust law, probate, elder law and medical assistance planning in North Dakota and Minnesota. Sue is the first and only Certified Elder Law Attorney in North Dakota and northern Minnesota. Sue is a frequent presenter at estate planning seminars, especially those focusing on estate planning, elder law, medical assistance planning and special needs trusts. In addition to practicing law, Sue continues to hold a licensure as a Registered Nurse. She received her Bachelor of Science Degree in Business Administration, and her Associate Degree in Nursing from North Dakota State University. She received her Juris Doctor Degree, with distinction, from the University of North Dakota.

**Lois Miller PhD, RN** is a professor in the gerontological nursing specialty at Oregon Health & Science University and maintains a clinical practice in in-home hospice. She has many years of experience in gerontological nursing in hospital, home health, hospice, and nursing home settings. She has recently completed an NIH-funded study of pain in nursing home residents with dementia and has a program of research on end of life. This year, she will begin a faculty development project to infuse geriatric content into nursing school curricula in a 5-state region of the Pacific Northwest. Dr. Miller received her MN and PhD in Gerontological Nursing from Oregon Health Sciences University, Portland, Oregon.

**Jerry O'Connor's** performance puts the ACCENT on humor. He combines comedy with his unique command of dialects, which he uses to the maximum. Drawing on a wealth of incidents, anecdotes, and tall tales, he speaks the universal language of laughter and living. Jerry is also a seminar speaker, entrepreneur, author, and retired high school science teacher.

**Shelly Peterson, President, ND Long Term Care Assn**  
(Panel Participant)

**Dr. Morley Shaw** is the Director of Senior Horizons, A Behavioral Health Service of Paradise Valley Hospital. Dr. Shaw has been a practicing psychologist in Montana, Colorado and Washington State since 1975. He has served as Director of Clinical Services at Fairfax Psychiatric Service Hospital, Director of Highline Evaluation and Treatment Facility, Clinical Psychologist at The Children's Hospital in Denver, and as a Consulting Psychologist at Harborview Medical Center, University Hospital, and Overlake Medical Center. Dr. Shaw has an extensive background in evaluations and expert witness testimony for the involuntary commitment of patients on grounds of Danger to Self/Others and Gravely Disabled. During the last twelve years he has been working in the field of Geropsychiatry and has been responsible for geropsychiatric services in Washington State, California and Arizona.

**Dr. Lisha Schultz** graduated from Northwestern Chiropractic College in Bloomington, MN in 2001 and established her wellness-based family orientated practice in Walker, MN. Her emphasis is on educating her patients and the community on the many benefits of natural health care, and that taking measures to prevent disease is by far a better route to take. She also puts emphasis on finding the root of the problem or illness, rather than just treating the symptoms. Her practice continues to grow as word spreads about the many health benefits of the natural approach to health care.

**Judy Siegle, MSW** It happened so fast. In a split second, Judy Siegle's dream of playing college basketball was shattered when a drunk driver sped through a stop sign near her hometown of Pelican Rapids, Minn. The car crash left her with a broken neck. At 18, she faced life in a wheelchair. Months of intense rehabilitation and years of hard work followed. Tempting as it was, she never gave up, never limited herself. Judy received her B.A., speech and communications, 1984 at Concordia college, Moorhead, MN. She received her M.S., Social work, 1987, University of Minnesota. She is currently the community Disability Specialist Merit Care, Fargo, where she develops community support programs for people with disabilities, she challenges and inspires others through motivational speaking, consults with professionals on issues relating to disability and provides support to individuals facing disability.

**Rose Wichmann, PT.,** is the manager of Struthers Parkinson's Center in Minneapolis, recognized nationally for its comprehensive interdisciplinary approach to management of Parkinson's and related movement disorders. Rose is a physical therapist, recognized speaker and author of several nationally distributed publications. She is currently a core faculty member of NPF's Allied Team Training for Parkinson program. Rose and Joan have co-authored a curriculum for staff members working in the assisted living setting, and are currently involved in several regional programs designed to improve Parkinson's education and awareness for family care partners, long term care facilities, and rural outreach areas.



# Registration

*Please duplicate this page for EACH participant registering.*

**Registrant Name:** \_\_\_\_\_

**Job Title, if applicable:** \_\_\_\_\_

**Complete Address:** \_\_\_\_\_ **City/State/Zip+4:** \_\_\_\_\_

**Daytime Telephone Number:** \_\_\_\_\_ **Fax #:** \_\_\_\_\_

**Email Address, if applicable:** \_\_\_\_\_

**Employer's Address, if applicable:** \_\_\_\_\_

Check One: ☐ Professional ☐ Senior ☐ Student ☐ Other

***Please check next to the Concurrent Sessions you plan to attend. Check one session for each time period.***

<b>Wednesday 11:00am - 12:00pm</b>	<b>Wednesday 1:15pm - 2:15pm</b>	<b>Wednesday 2:45pm - 3:45pm</b>	<b>Thursday 9:00am - 10:00am</b>
Session 1: <input type="checkbox"/> <i>Awakening a new Compassion: Minimizing Pain in People with Dementia</i>	Session 5: <input type="checkbox"/> <i>Recognizing and responding to Complicated Grief</i>	Session 9: <input type="checkbox"/> <i>"The Dementia's"</i>	Session 13: <input type="checkbox"/> <i>A Rose is a Rose, but Dementia is not Dementia</i>
Session 2: <input type="checkbox"/> <i>Alcohol &amp; Prescription Drug Abuse in the Older Adult</i>	Session 6: <input type="checkbox"/> <i>Assessment of Mental Health Issues in the Older Adult</i>	Session 10: <input type="checkbox"/> <i>Super Aging for Tomorrow's Seniors</i>	Session 14: <input type="checkbox"/> <i>Estate Planning and Long Term Care Planning Issues</i>
Session 3: <input type="checkbox"/> <i>Alzheimer's Disease &amp; Developmental Disabilities - Part I</i>	Session 7: <input type="checkbox"/> <i>Alzheimer's Disease &amp; Developmental Disabilities - Part II</i>	Session 11: <input type="checkbox"/> <i>Living Without Limits</i>	Session 15: <input type="checkbox"/> <i>The Changing Face of Long Term Care: Options for Persons with Disabilities</i>
Session 4: <input type="checkbox"/> <i>Creating Parkinson's Awareness: An Interdisciplinary Team Approach (Repeated in Session 16)</i>	Session 8: <input type="checkbox"/> <i>Holistic Approach to Health &amp; Wellness - Part I</i>	Session 12: <input type="checkbox"/> <i>Holistic Approach to Health &amp; Wellness - Part II</i>	Session 16: <input type="checkbox"/> <i>Creating Parkinson's Awareness: An Interdisciplinary Team Approach (Repeat of Session 4)</i>

**Will you be registering for a Facility Dinner Tour?** ☐ Yes ☐ No

If yes, check one tour of your choice - limited to the first 15 people who register at each site:

- ☐ 4 Seasons At Moorhead ☐ Eventide (Moorhead) ☐ Riverview Place (Fargo) ☐ Waterford at Harwood Grove (Fargo)  
☐ Trollwood Village (Fargo)

## CONFERENCE FEES:

	<b>If registered BY August 21, 2006</b>	<b>If registered AFTER August 21, 2006</b>	<b>On-Site Registration</b>
Professional & General Public	\$65 per registrant	\$85 per registrant	\$90 per registrant
Non-Professionals or Retired Persons 60+	\$25 per registrant	\$30 per registrant	\$35 per registrant
Students (with valid ID)	\$25 per registrant	\$30 per registrant	\$35 per registrant

**MAKE CHECK OR MONEY ORDER PAYABLE TO:** Fargo Senior Commission, Inc./NPCAD

**MAIL REGISTRATION FORM & PAYMENT TO:**

Sandy Arends, Southeast Human Service Center, 2624 9th Ave SW, Fargo, ND 58103-2350

### **Cancellation Requests:**

Please submit all cancellation requests in writing to the address above or email Sandy Arends (85ares@nd.gov) prior to August 21, 2006. Your refund will take approximately 4-6 weeks to be processed. No refunds will be issued for cancellations after August 21, 2006. You may call in a substitute attendee.



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*Mark Your Calendars and Plan to Attend!*

October 3, 4, & 5, 2007

[www.northernplainsconference.com](http://www.northernplainsconference.com)